





Advocating for Change



Advocating for change in your state's prisons and jails:

- Identify the policies of your correctional institutions
- Reach out to community to find out practices
- Engage corrections officials in adopting medically safe policies



Questions to ask when considering legislative language:

- In what stage of pregnancy is shackling prohibited?
- What types of restraints are prohibited?
- Are there exceptions for extraordinary circumstances?
- Are records kept?
- Is there an enforcement mechanism?



Advocacy Aids:

- Model legislation developed by ACLU
- Strong anti-shackling statements from ACOG, APHA, American Correctional Association, UN Committees, Amnesty
- Eighth Circuit decision in *Nelson v. Norris* (2009)



For more information:

- about model prison policies, contact Amy Fettig at the ACLU National Prison Project at afettig@npp-aclu.org
- about state legislation, contact Sondra Goldschein at sgoldschein@aclu.org